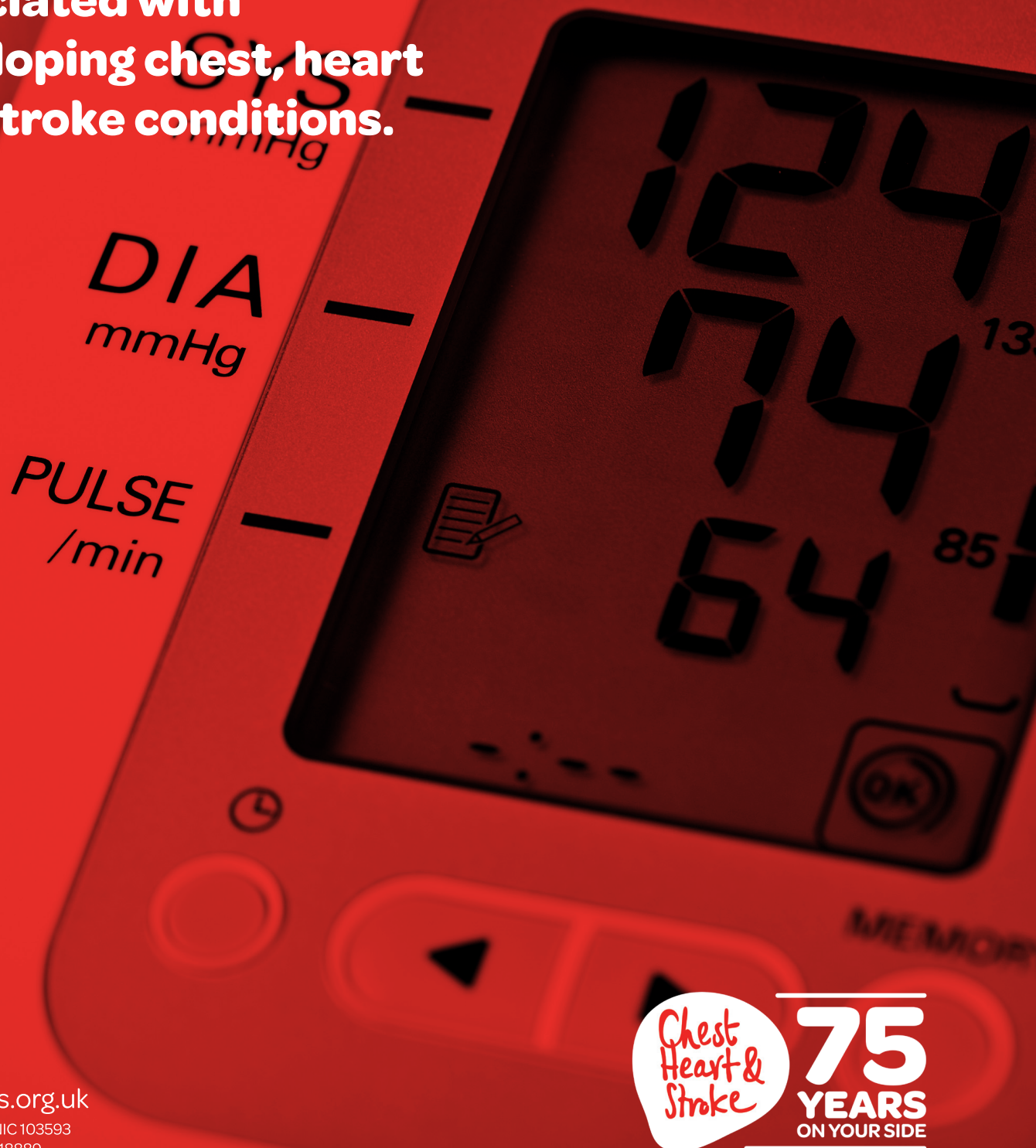




**Well Checks can detect
the early warning signs
associated with
developing chest, heart
and stroke conditions.**



www.nichs.org.uk

Charity Reg No: NIC103593
Company No: NI18889



75
YEARS
ON YOUR SIDE



We offer a range of health check packages to suit your needs,
with same day results provided for individuals.

Bronze

Blood Pressure
Atrial Fibrillation (AF)
Personal Report

Silver

Blood Pressure
Atrial Fibrillation (AF)
Cholesterol
Lifestyle Advice
Body Composition
Personal Report

Gold

Blood Pressure
Atrial Fibrillation (AF)
Cholesterol
Body Composition
Blood Sugar
Lung Function
Lifestyle Advice
Personal Report
Organisational Report
Action Plan

Online

One to one lifestyle
consultation, including:
Nutrition
Physical Activity
Smoking
Alcohol
Stress
Sleep
Goal Setting
Personal Report

WHAT OUR CLIENTS SAY

*“Very thorough examination,
good explanation of results and
follow up actions.”*

*“I was grateful for the health
check because, unknown to me, I
had high blood pressure and had
no idea. So as a result of that, I
have had to be monitored at the
doctor for about 3 months.”*

To learn more about
our services visit:

www.nichs.org.uk/WellNI
T. 028 9032 0184