

Clap in Time



Brain break



3-5 minutes



Instructions

This activity is all about the beat. Ask your pupils to stand and clap to the music and follow along with the rhythm.

Health & Safety

- Ensure floors are clear of trip hazards
- Remind pupils of their own spatial awareness
- Give clear instructions

Teacher Tips

See the Activity Sheet for more information and examples of songs.

Foundation: you could play a nursery rhyme or a favourite song and the pupils clap to the beat.

Key Stage 1: Pupils could clap in time with the teacher with counts of 4 and rests

Key Stage 2: Pupils can clap along to the rhythm of faster songs, could include stamping feet and snapping fingers too



Clap in Time

Play a song for the pupils, and allow them to clap along to the beat or rhythm of the song!

Foundation Examples:

- A-Z nursesey rhymes on BBC: <https://www.bbc.co.uk/teach/school-radio/articles/z4ddgwx>
- Try this interactive song: <https://www.youtube.com/watch?v=exnmzJH8HgM>

Key Stage 1 Examples:

- Clap along with the Interactive songs:
<https://www.youtube.com/watch?v=OTKaWIf4Ez4>
<https://www.youtube.com/watch?v=qzMQhSfl6Ao>

Key Stage 2 Examples:

- Queen - We Will Rock You. Follow along with the video on when to stamp your feet, clap and snap your fingers:
<https://www.youtube.com/watch?v=SGp3EHmGLH8>

