

Doodle Break



Brain break



5 minutes



Instructions

Have A3 pages around the classroom on different tables or walls. Set a 3-5 minute timer and ask pupils to move around the room and draw on the pages while standing. Ask the pupils not to speak and play relaxing music in the background to create a chilled atmosphere.

Health & Safety

- Ensure floors are clear of trip hazards before taking part in any activity.
- Ensure pupils leave stationary on the table.
- Remind pupils of their own spatial awareness.
- Give clear instructions.

Teacher Tips

This activity is suited to all ages.

Can also support curriculum work, allow pupils to draw something to support a relevant topic.

Foundation: Pupils could draw whatever they like.

Key Stage 1: Could be guided, pupils could draw their favorite place, their dream castle

Key Stage 2: Could draw something they'd find in the Arctic etc.
or draw organs that help us breathe