

Gratitude Wall



Chill with Chester



10 minutes+



Sticky notes required



Instructions

Ask the pupils to think about something they are grateful for and write it down or draw it on a sticky note

Health & Safety

- Ensure floors are clear of trip hazards before taking part in any activity
- Ensure pupils leave stationary on the table
- Remind pupils of their own spatial awareness
- Give clear instructions
- Allow pupils to move one table at a time

Teacher Tips

Ask the pupils to draw or write something they are grateful for, let the pupils put their sticky notes on the whiteboard. Allow the pupils to stand while the teacher goes through the ideas and develop on them.

Foundation: Allow the pupils to draw a picture of what they're grateful for e.g. pets, food, house or family

Key Stage 1: Allow the pupils to create discussions around their answers

Key Stage 2: Let the pupils have a discussion and give reasons for why they're grateful in groups, ensuring everyone gets to



Chest
Heart &
Stroke

Gratitude Wall

Ask the pupils to think about something they are grateful for and write it down or draw it on a sticky note. Ask pupils to stick them on the white board and the teacher can talk through them and the class can develop on their answers

Example:

Pupils may be grateful for:

- Their house
- Family
- Bed
- Friends
- Pets
- Food
- Water
- Clean air
- Health
- Technology
- Music
- Colour
- Holidays

