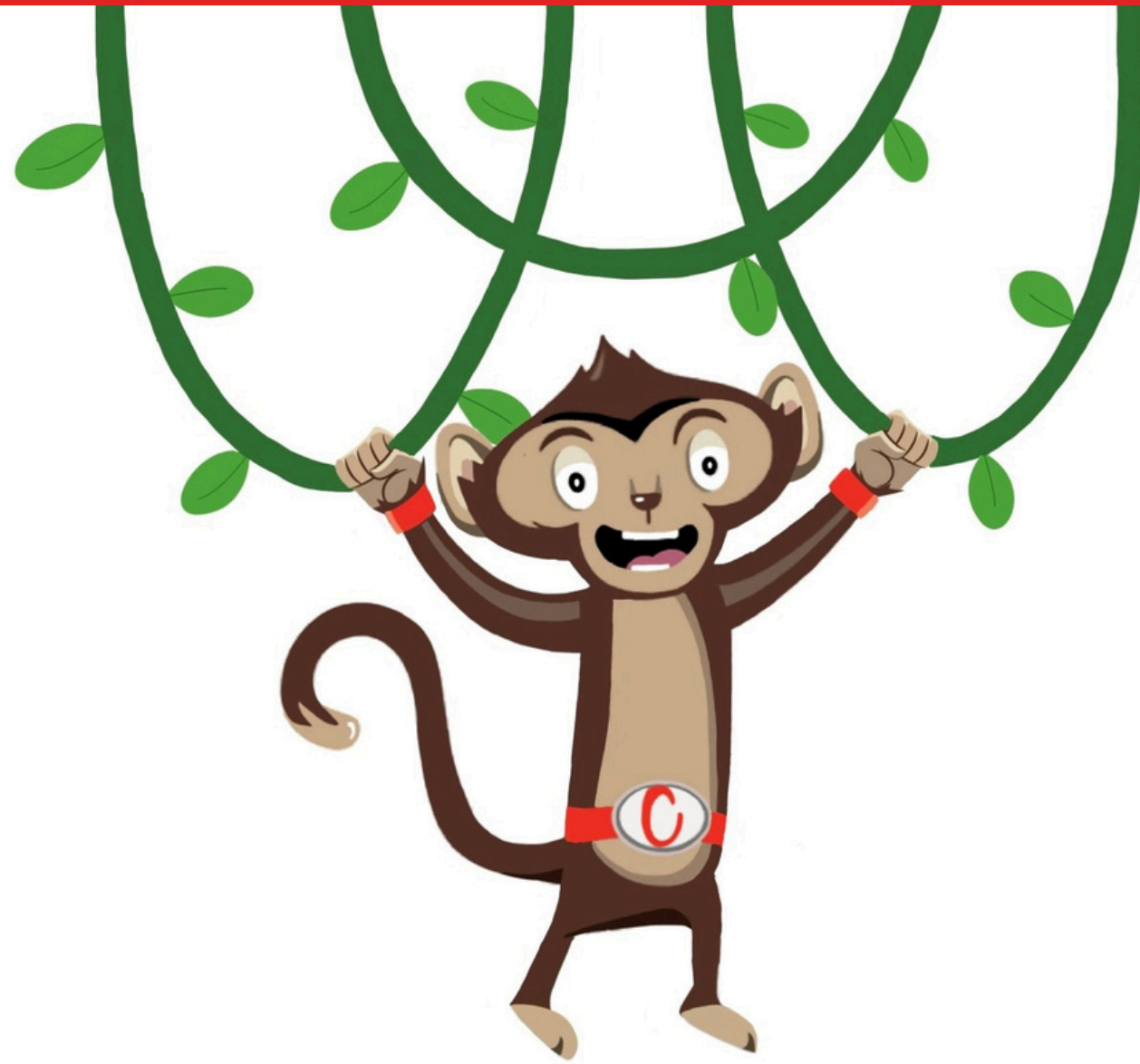


Quiet Reading



Chill with Chester

5-10minutes



Instructions

Ask pupils to read during this active break by choosing a book of their choice (or teacher's choice). Instead of sitting and reading encourage pupils to stand in front of their desks and read at the same time. The teacher can dictate how long they would like their pupils to do this activity for by setting a timer.

Health & Safety

- Ensure floors are clear of trip hazards before taking part in any activity.
- Ensure pupils leave stationary on the table.
- Remind pupils of their own spatial awareness.
- Give clear instructions.

Teacher Tips

This activity is suited to all ages.

Foundation: This activity could be used during story time, try standing and reading the story and encourage pupils to also stand. A shorter time may be suitable for younger pupils.

KS1 & KS2: this can a great time for pupils to catch up on their reading targets in a short period of time.

