

10 Pin Bowling



Lively Lesson



10 minutes+



Instructions

If the resources aren't already available, feel free to get the pupils designing their own pins with plastic bottles with paint, paper and glue however this will take longer to decorate and dry. Use art tables break. Arrange 10 pins in a triangle, and using a soft ball, get the pupils to stand a couple metres away and the pupils have to knock as many pins over.

Health & Safety

- Ensure floors are clear of trip hazards before taking part in any activity
- Ensure caution with scissors
- Remind pupils of their own spatial awareness
- Give clear instructions

Teacher Tips

Refer to the Activity Sheet for some ideas!

Foundation: Letters and numbers could be written on these pins, where they are lined up, e.g. the pupils could be asked to knock over the letter A or the number 3

Key Stage 1: Similarly, numbers could be written on the pins e.g. the teacher could ask "what is $9+8$?" or "what is 4 multiplied by 2?" and the pupils have to try knock over the pin with the correct answer

Key Stage 2: More difficult questions could be asked, and made into a competition between pupils

Chest
Heart &
Stroke

10 Pin Bowling

Arrange pins in a classic triangle, or have some answers to questions on the pins where the pupils have to try and knock that pin down to answer. If you don't have the correct resources, get creative by making some from plastic bottles!

Foundation Example:



The teacher can ask questions relevant to the topics the pupils are learning about to aid learning.

“Knock over the letter F” and the pupils can try their best to knock over the correct answer.



Chest
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Key Stage 1 Example:



The teacher can ask questions relevant to the topics the pupils are learning about to aid learning.

“What is $9+8$ ” and the pupils can try their best to knock over the correct answer.

Key Stage 2 Example:



The teacher can ask questions relevant to the topics the pupils are learning about to aid learning.

“What is 9×5 ” and the pupils can try their best to knock over the correct answer.



Chest
Heart &
Stroke