

Monkey Walk



Lively Lesson

5 minutes



Instructions

This activity can be included as part of your daily mile, encouraging pupils to use their imagination. It can also be a great opportunity to recap topics covered in class and open up discussions.

Health & Safety

- When taking part in any outdoor activities ensure the area has been risk assessed
- Ensure pupils leave stationary in the classroom
- Remind pupils of their own spatial awareness
- Give clear instructions

Teacher Tips

Ideas include, but are not limited to:

Foundation: Imagine you are taking your pupils to a cold environment, like the North Pole. What clothes would they need? What animals might you see? How about a trip to the farm, what things can you find at a farm?

Key Stage 1: If your class was headed into the jungle, what items would you need to put into your backpack? What animals live in the jungle? How about a trip back in time to Jurassic Period. What dinosaurs would you be afraid of?

Key Stage 2: Imagine living during WW2, what would you wear? What jobs would you have? Take a trip back in time on board the Titanic, imagine what food you might have?

Chest
Heart &
Stroke

Monkey Walk

This activity can be paired alongside your daily mile or as a separate activity.

Encourage your class to use their imagination by delving into a different world while outdoors like Chester the monkey. Why not try running on the spot (while climbing a tree) or swinging through the jungle (skipping). This time can also be used to recap different topics and open up discussions.

Foundation Example:

Imagine you are taking your pupils out on a walk in a cold environment. While walking around ask pupils what items of clothing they would need to bring with them. Discuss what animals you might see, maybe you are headed to the north pole?



KS1 Example:

Imagine you are taking your pupils out on a walk to the jungle. While walking around ask pupils what items they would need to put in their backpack. Discuss what animals you might see in the jungle. You could also take a trip back in time to the Jurassic Period. Discuss with the class what kinds of dinosaurs would they see.

KS2 Example:

Imagine you are taking your pupils for a walk during World War Two. While walking around ask pupils what types of clothing would they be wearing. Would it be safe or dangerous? What jobs would they have? Another possibility is imagine you take your class on a trip back in time, aboard the titanic. What would the different decks look like? What music would be playing? How many people were on board? What happened when the ship hit the ice berg?

