

Question Time



Lively Lesson



5 minutes



Instructions

The teacher asks a series of questions, the pupils actively answer standing up and moving to area of room which they think the answer is. If space is limited the pupils can answer by standing in certain positions. Eg. hands on their head, or shoulders, or hold a squat.

Health & Safety

- Ensure floors are clear of trip hazards before taking part in any activity.
- Ensure pupils leave stationary on the table.
- Remind pupils of their own spatial awareness.
- Give clear instructions.

Teacher Tips

This activity is suited to all ages.

Foundation: can relate to current topics Eg. emotions

KS1: topics can include different food groups, dressing for the correct season

KS2: topics can explore issues around personal development and mutual understanding Eg. drug related dangers and bullying.

Chest
Heart &
Stroke

Question Time



This activity encourages pupils to actively answer a series of questions while remaining on their feet. It can be curriculum related or off topic as a break. You decide based on how much room you have in the class how the pupils will answer (on the spot or move around the room). For example if on the spot pupils can stand in different positions: march on spot, jumping jacks, stand on one leg, hands on head. If you have space you can place two different coloured cones (objects) at either end of the room and they stand at which answer they think is correct.

Foundation Examples:

- Emotions - is this boy/girl happy or sad, angry or worried,
- What activity is this person doing - it could be a sport or type of exercise like running, jumping, skipping or swimming
- Numeracy - what number comes next?
- Finish the line of the song - row your ____, shoulders knees and ____?

Key Stage 1 Examples:

- Who is this - could be from a story, history figure, religious figure
- What shape is this - 2D and 3D shape examples
- People who keep us safe and their jobs - what job is this?
- Animals that are extinct, animals that hibernate, is this place warm or cold?

Key Stage 2 Examples:

- Different food groups - what group does this food belong to
- Create a scenario around bullying - ask was this the kindest way to react
- Create a peer pressure scenario - related to cigarettes or alcohol

