

Teacher Whispers



Lively Lesson



5 minutes



Instructions

Ask the pupils to stand up, in a circle in the classroom.

The teacher can whisper a word or phrase into one pupils ear, or a pupil may be able to come up with something, and then that pupil whispers it to the next pupil, and this is carried on until the last pupil has heard the phrase. Allow that pupil to say the phrase out loud to see if it was the same phrase when started!

Health & Safety

- Ensure floors are clear of trip hazards before taking part in any activity.
- Ensure pupils leave stationary on the table.
- Remind pupils of their own spatial awareness.
- Give clear instructions.

Teacher Tips

This activity is suited to all ages.

Refer to the Activity Sheet for some ideas!

Phrases and words could also support curriculum work, such as spellings, times tables, world around us and the current season

Chest
Heart &
Stroke

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Feel free to get creative and get the pupils to share sentences about current curriculum topics, facts or maths equations! But here are some ideas for each stage!

Foundation Example:

- The sky is blue
- Playing sport is really fun
- The weather is sunny today

Key Stage 1 Example:

- We need to eat 5 different fruits and vegetables every day
- We need to drink 6-8 glasses of water a day
- Move more sit less

Key Stage 2 Example:

- We need to do 60 minutes of exercise every day
- We should try to base our meals on the Eatwell Guide
- We should try to reduce sugar, salt and saturated fat
- We need 10 hours of sleep a night!



Chest
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Stroke