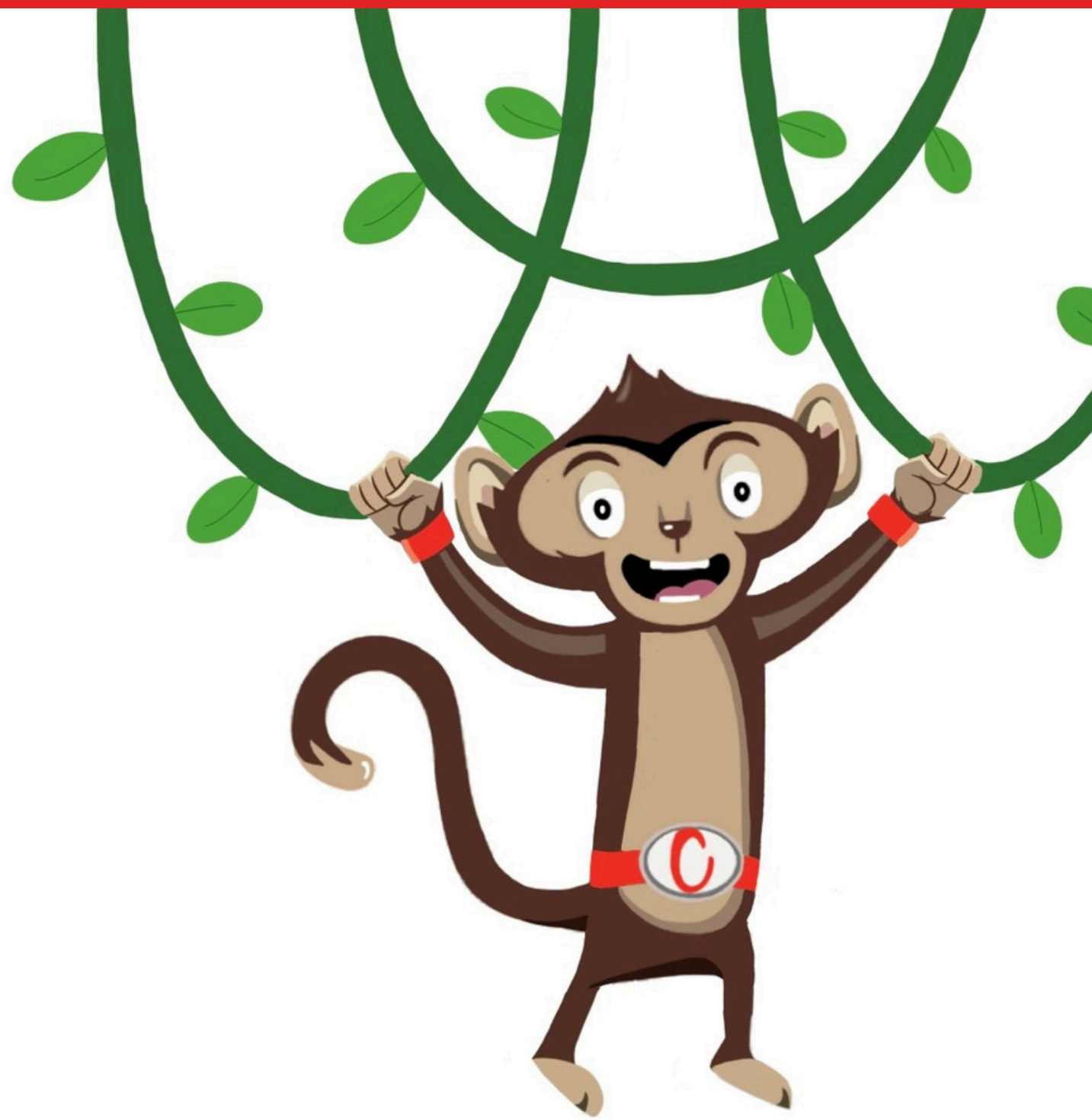


Follow Along



Monkey Madness

5 minutes

Instructions

This activity requires a small amount of space. Ask your pupils to stand in a circle. One person begins the activity by performing an action (for example touching the floor). All the pupils then clap twice and the pupil who just went, calls out the name of the next person. The next pupil must copy the action of the first pupil, followed by a different action of their choice. The whole class clap twice and that pupil chooses the next person and so on. Until everyone in the class has had a go. The trick is remembering all of the actions before you and creating a new one.

Health & Safety

- Ensure floors are clear of trip hazards
- Ensure pupils leave stationary on the table
- Ensure pupils tuck bags in under the desk
- Remind pupils to keep eyes up and watch where they are going
- Remind pupils of their own spatial awareness
- Give clear instructions



Teacher Tips

This activity is suited to all ages. See activity example sheet for more information. Foundation: teachers may wish to lead the activity by helping choose who goes next and to remind pupils of the previous actions.

Follow Along

This activity break is a fun, memory test for your pupils. Ask them to stand in a circle. One person begins the activity by performing an action. All the pupils then clap twice and the pupil who just went, calls out the name of the next person. The next pupil must copy the previous action of the first pupil, followed by a different action of their choice. The whole class clap twice and that pupil chooses the next person and so on.

Action Examples

1. Touch the floor
2. Jump
3. Turn around
4. Star jump
5. Touch your nose
6. Give yourself a hug
7. Hop on one foot
8. Hop on both feet
9. Put your hands in the air
10. Touch your toes
11. Cross your arms
12. Run on the spot

